



# ATTENTION



## IF YOU SEE

- › Another student struggling to make friends
- › Another student being bullied
- › Another student alone at break or lunchtime
- › Another student sitting alone
- › Another student who is not part of the 'in' crowd
- › Someone who seems shy or lonely

## BE A LEADER



**Smile at them**



**Say 'Hello'**



**Ask if they'd like  
to sit with you**



**Include them  
in any activity**

You never know what they might be going through inside or outside of school and your kindness can make a huge difference.

**#MakeADifference #KindnessMatters**

**BulliesOut<sup>®</sup>**  
[www.bulliesout.com](http://www.bulliesout.com)