

Why we need your help

In the UK today, over half of our young people and one in three adults report being bullied. Through mentoring, innovative, interactive workshops and training programmes, we use our experience, energy and enthusiasm to focus on awareness, prevention, building empathy and positive peer relationships, all of which are crucial in creating a nurturing environment in which young people/staff can thrive.

What will I be doing?

Within the role, you could do one or all of the below activities

- Help create engaging content for our social media channels
- Promote our 'Speak Out' Campaign to local businesses
- Promote our 'Membership' programme to the local community
- Support campaign, marketing, event and fundraising activities
- Speak on behalf of BulliesOut to potential supporters
- Attend presentations

For each activity, tasks will vary from speaking to local businesses about our Speak Out campaign, encouraging individuals to sign up to our membership programme, looking after a stall, handing out information flyers, presenting local businesses with their Speak Out certificates. You will be the 'face' of the Charity locally and will be able to tell people about our work and how they can support us.

What skills/experience do I need?

- A personal and friendly manner
- Enthusiasm, creative ideas and lots of energy
- Self-motivated with Confidence to interact with the public
- Flexibility to be called upon when needed
- An honest and trustworthy nature
- Good communication skills

How much of my time would you like?

This is a flexible role, but if possible, we would like you to commit to 2 hours per week.

What can I gain from volunteering?

- The satisfaction of knowing that you are making a valuable contribution to the lives of those affected by bullying
- Utilising your existing skills as well as developing and learning new ones and improve your CV
- The opportunity to meet new people and speak to people about the work of the Charity
- Be active and engaged
- Support the work of BulliesOut
- Reimbursement for any expenses incurred (with prior agreement)

Please contact volunteers@bulliesout.com for an application form or visit the **Get Involved** section of our website www.bulliesout.com