

*Help us Make a Difference***Why we need your help**

In the UK today, over half of our young people and one in three adults report being bullied. Through mentoring, innovative, interactive workshops and training programmes, we use our experience, energy, and enthusiasm to focus on awareness, prevention, building empathy and positive peer relationships, all of which are crucial in creating a nurturing environment in which young people/staff can thrive.

What will I be doing?

- Meet at a pre-arranged location such as a supermarket, station, or other public place
- Hold your bucket
- Hand out our flyers (if applicable)
- Have fun!

Our fundraising collectors are amazing and raise much needed funds for BulliesOut. They are the power of kindness in the community. A few hours of your time fundraising with us can make a huge difference to the lives of those affected by bullying behaviour.

What skills/experience do I need?

- A personal and friendly manner
- The ability to work alone or as part of a team
- Confidence to interact with the public
- Flexibility
- An honest and trustworthy nature
- Be bubbly and enthusiastic
- Smart appearance

How much of my time would you like?

Whilst this is a flexible role, ideally, we would like you to commit to a minimum of 2-3 hours per month to ensure our fundraising opportunities can be maximised.

What can I gain from volunteering?

- The satisfaction of knowing that you are making a valuable contribution
- Utilising your existing skills as well as developing and learning new ones and improve your CV
- The opportunity to meet new people
- Be active and engaged
- Support the work of BulliesOut and be part of an exciting team
- Reimbursement for any expenses incurred (with prior agreement)
- Training opportunities

Please contact volunteers@bulliesout.com for an application form or visit the **Get Involved** section of our website www.bulliesout.com